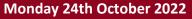
#### **OPPORTUNITIES AND CHALLENGES FOR OUR STUDENTS**





Like Us On facebook

#### STUDENT ATTENDANCE Term 4, Week 2, 81.18 % Dear Parents, Carers and Community Members,

What interesting weather we are experiencing. Thank you to the community members that kept our school staff updated with the flood reports last Friday. We appreciated the quick response from parents and carers from Manilla, as the road was being closed due to flood waters. The Attunga/Manilla Rd opened around 5pm, so all staff where able to get home, we greatly appreciated your concerns. The Attunga staff will endeavour to keep the school open for learning as long as it doesn't put lives in danger. Any changes will be communicated to the school community. We are advised by NSW Department of Education Safety Unit of any changes to operations, ensuring the safety.

Education Safety Unit of any changes to operations, ensuring the safety of students and staff is paramount.

This week is Book Week, the library is set up for book sales and the Dress Up Parade to be held on Wednesday, beginning at 10am under the cola. This will be followed by a morning tea picnic for families and students. Tea and coffee will be provided, BYO food.

Kindergarten enrolments are open for 2023, the Kindy transition starts this Thursday from 9am to 12 noon with Miss Pleskun. We welcome any young children turning 5 years old before July 2023 and are ready or would like to explore their options for the 2023 school year.

There will be a P&C meeting this Wednesday from 7pm in the Multi Purpose room.

Next Friday the 4th of November, Duri Public School are hosting the Science day. Please refer to information in the notes that have been sent home.

A polite reminder for our students to bring their hats and water bottles as the weather is warming up. Hats must be worn for outdoor play. I will be taking leave this week due to Sorry Business (a family member has passed away). Mrs Makings will be acting in the Principal role. Enjoy your week.

Kindest regards

Patricia Sharp (Relieving Principal)





## Newsletter

#### Term 4 Week 3

Main photo: 3-6 students learning hockey skills today.

#### **Dates to Remember:**

Playgroup most Wednesdays 9:00am to 10:30am <u>Term 4</u>

#### October

(Weeks 1-4 Check Ins for Years 3/4/5) (Week 3-7 Kinder Transition)

#### Week 3 (Book Fair)

Monday 24th: Notes due back for Science Day. Wednesday 26th: P&C Meeting. Wednesday 26th: Book Fair & Book Fair Dress Up Day. Thursday 27th: Year 6 Stand Tall. Book Fair. Friday 28th: Teacher's Day.

November Week 4 Friday 4th: Duri Science Day.



TERM 4, Calendar Dates						
	MONDAY		WEDNESDAY	THURSDAY Lunch Order Day	FRIDAY	
WEEK 3 Book Week Check In Assessment Years 3/4/5		3-6 Cooking & Gardening	Book Week Dress Up Day P&C Meeting	Stand Tall Year 6 'Springing into Kinder' transition	Teacher's Day	
WEEK 4 Check In Assessment Years 3/4/5		K-2 Cooking & Gardening		'Springing into Kinder' transition	Duri Science Day	
WEEK 5 In Class Assessments		3-6 Cooking & Gardening		'Springing into Kinder' transition		
WEEK 6		K-2 Cooking & Gardening				
WEEK 7		3-6 Cooking & Gardening				

**Dear Parents and Carers,** 

Last week at Playgroup we enjoyed some painting inside due to the rain and once the rain eased, we had morning tea and a play outdoors.

This week for playgroup we have been invited to join in with the Attunga school students for their Book Week Parade! What book character you will dress up as?

The Book Character Parade will begin at 10am but come at 9am as per usual. The parade will be followed by a morning tea picnic, with tea and coffee provided.

Our Book Fair will be open from 11am so you are welcome to browse and purchase.

Please bring your own morning tea, drink and a hat.

I look forward to seeing you at Playgroup.

Reminder that our free Playgroup is held each Wednesday 9:00am - 10:30am during school terms and is catered for all babies, toddlers and children, up to school age. All mums, dads, grandparents, and carers are welcome to attend.

**Mim Player** 

Attunga Public School,

School Chaplain and Playgroup Coordinator.





## Awards

Below left - This week's Blue Class Happy Snap recipients were: Cooper, Abigail and Mackenzie. Below right - This week's Little Bell recipients were: Roy and Nate.





Below right - This week's Maroon Class Happy Snap recipients were: Luke, Mary, Trinity and Riley.





Address: Attunga Street, Attunga 2345 Ph: 0267 695554 Fax: 0267 695690 Email: attungap.school@det.nsw.edu.au Website: www.attunga-p.school.det.nsw.edu.au ABN 64910445269



What: Book Character Parade When: Wednesday 26th October, 2022 Where: APS COLA Time: 9.50am for 10am start

Please: Stay for recess & browse/purchase from the Book Fair!

We are having our Book Week Parade and Book Fair in Week 3!

Students can come dressed up as their favourite book character. If students have a book of their character at home, they are more than welcome to bring it to the parade.

It will be a fun morning with lots of prizes to be won!

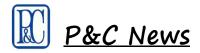
Parents, carers, families and community members are welcome to come and spend the morning with us. Visitors are welcome to stay until 11.30am. Please bring a picnic recess and picnic rug to sit on with your family. Tea and Coffee will be supplied.

The Book Fair will be open during recess and after school for purchases.

We hope you can make it (3)

Mrs Stacey





#### P&C MEETING THIS WEDNESDAY

We have our P&C meeting this Wednesday at 7pm. All are welcome to attend, it will be at the school, with an email going out with the zoom details for anyone who would like to join online. Please let me or a P&C member know if you would like anything on the agenda. We are looking forward to organising and chatting about our future events for this term.

#### **CHRISTMAS RAFFLE**

If your business or family would like to donate to our Christmas raffle, in the form of goods, money or a voucher it would be greatly appreciated and acknowledged throughout newsletters and Facebook pages. These items need to be given to a P&C member, by **This Wednesday 26<sup>th</sup> October**, so that we can organise the prizes and then have the tickets handed out for sale.

#### PHOTOSHOOT FUNDRAISER

We had our P&C fund raiser photo shoot on Sunday, it went really well, with lots of school families attending, along with other families from the community. There so many comments on how well the grounds looked, and how green it was. So that was great hear. With many of the photos being taken outdoors.

Gina (our photographer) will be back on Wednesday 9<sup>th</sup> November at the school for you to pick up your photos, so please remember your timeslot you chose so you can pick them up.

Thank you to all the families who participated, it was a great little fundraiser for the P&C.

#### Thanks, Jess Hogan P&C Secretary, 0427 851 347

#### FEED BACK FORM

Please feel free to fill in the form below, rip it off and hand in at the office and I will collect them from there. This is giving you the opportunity to give any ideas, (such as fundraising) suggestions or questions you may have regarding the P&C, the school, any events or what you would like to see in our P&C newsletters etc. I can then follow them up and hopefully clarify anything if needed, or give us new ideas for our school and P&C.

Name (optional) \_\_\_\_\_\_ Contact number (optional) \_\_\_\_\_\_





K-2 harvested their first cabbage last Tuesday and made cabbage pasta. Nearly every student loved it. They also made the same cauliflower soup that the 3-6 class made last week.

### **Cabbage Pasta**



#### Ingredients

1/4 Packet Cooked Pasta
1 Tablespoons Olive Oil
1 Slice Bacon, chopped
2 Spring Onions, finely chopped
1 Clove Garlic, minced
1/4 Cabbage Head, thinly sliced
1/2 Cup Vegetable Stock
Salt/Pepper



#### Method

- Chop and slice the Bacon, Spring Onion, Garlic and Cabbage as the ingredients list above indicates.
- 2. Heat the Oil in the frying on medium high heat (power 6).
- 3. Sauté the Bacon, Spring Onion and Garlic until the onion becomes soft.
- 4. Add Cabbage, sauté until it gets soft.
- 5. Add Stock and simmer on medium low heat (power 4) until half of the liquid is gone.
- 6. Season with Salt and Pepper.
- 7. Mix in the freshly cooked Pasta.
- 8. Serve.



# Stress-free fussy eating ideas

Fussy eating is common, but that still doesn't make it easy.

Does your child dislike foods because of their colour, texture or the way they are prepared?

Don't despair, SWAP IT will help with ideas on how to pack an everyday lunchbox for your fussy eater.

Try the 3:1 lunchbox rule everyday:

- Three items your child likes
- One new everyday item



For more ideas on fussy eating visit

www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/tips/tips-forfussy-eaters/





Option 1.	Crumbed Chic	ken Sticks Me	eal ———	\$5.00
(Includes 6 Crur	nbed Chicken Sticks, ma	yo or sauce, a drin	ık—a flavoured i	milk or juice)
Tick box for d	hoice of sauce	ا Tomato S BBQ S		
			. —	
	apple orange			
- Flavoured m	ilks: chocolate 🗌	strawberry		
GF Available,	(Includes 2 x ke	babs on sticks)		
GF Available,				
Drinks \$2.50	Juice: apple 🗌 ora	ange 🗌 apple	blackcurrant	
<b>\$2.5</b> 0	- Flavoured milks: cl	hocolate 🗆 s	trawberry 🗆	
Student Nam	e :		Meal	\$
Class:	P	ATTUNGA	Drink	\$
	\ \	apy –	Total	\$
	5	APY BRANK	Total Amount in Envelope	\$