



Monday 17th October 2022





STUDENT ATTENDANCE Term 4, Week 1

90.57 %



Dear Parents, Carers and Community Members,

Thank you, students for a wonderful Friday, last week. The students showed of their tie-dye creation. Even though it was raining our wonderful students filled the day with amazing colours.

Next week is Book Week, Wednesday 26th October is the Dress Up Parade followed by an opportunity for parents, carers, family members and friends to join the students for recess and enjoy a morning tea picnic. Please see inside this newsletter for more details.

Students in Years 3, 4, 5 will be starting to sit the Check-in Assessments. They will commence this week and continue over the next two weeks. This will occur during set class time, they will complete a reading and numeracy assessment that will consist of 40-50 multiple choice questions and a writing task.

Over the next few weeks, our PBL focus will be on respecting one another through being kind and positive interactions during play. We'll continue to work together ensuring a happy, safe and enjoyable learning environment for all.

Kindergarten enrolments are open for 2023, the Kinder Transition will start this term from Week 3 October 27th, Week 4 3rd November, Week 5 10th November, Week 6 17th November and Week 7 24th November. We welcome you to start the enrolment process for 2023.

A polite reminder for our students to bring their hats and water bottles as the weather is warming up. Hats must be worn for outdoor play.

Enjoy your week. Kindest regards Patricia Sharp Relieving Principal

Term 4 Week 2

Main photo: Last week's Tie Dye Day with: Arthur, Mackenzie and Xanthie. There are more photos through this newsletter.

Dates to Remember:

Playgroup most Wednesdays 9:00am to 10:30am

Term 4

October

(Weeks 1-4 Check Ins for Years 3/4/5) (Week 3-7 Kinder Transition)

Week 2

Friday 14th: Currabubula Sports Day

cancelled.

Week 3 (Book Fair)

Monday 24th: Notes due back for

Science Day.

Wednesday 26th: P&C Meeting.

Wednesday 26th: Book Fair & Book Fair

Dress Up Day.

Thursday 27th: Year 6, Stand Tall.

: Book Fair.

Friday 28th: Teacher's Day.

November

Week 4

Friday 4th: Duri Science Day.



TERM 4, Calendar Dates								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
		COOKING WITH KIDS		Lunch Order Day	Homework pue! Scripture			
WEEK 2 Check In Assessment Years3/4/5		K-2 Cooking & Gardening		Evacuation Drill	Currabubula Sports Day Cancelled			
WEEK 3 Book Week Check In Assessment Years 3/4/5		3-6 Cooking & Gardening	Book Week Dress Up Day P&C Meeting	Stand Tall Year 6 'Springing into Kinder' transition	Teacher's Day			
Check In Assessment Years 3/4/5		K-2 Cooking & Gardening		'Springing into Kinder' transition	Duri Science Day			
WEEK 5 In Class Assessments		3-6 Cooking & Gardening		'Springing into Kinder' transition				

Aboriginal Language and Culture Nest Community Consultation

Your Local Aboriginal Language and Culture Nest is expanding!

The NSW Department of Education and NSW Aboriginal Education Consultative Group Inc. are inviting you to participate in a round of community consultation.

The Gomeroi area has been a part of the Aboriginal Language and Culture Nest program in recent years. From early 2023, we will look to increase the number of students and schools participating in the program, in the Gomeroi footprint.

To help support this the Department of Education will also look to employ a new staff member from within the community who has appropriate teaching qualifications, skills and experiences, including in the teaching of local Language and Culture (with permission from Gomeroi community elders).

JOIN US AND FIND OUT MORE AT THE MEETING







Left - This week's Blue Class Happy Snap recipients were: Luke, Taj, Logan and Trevor.

Right - This week's Maroon Class Happy Snap recipients were:

Nate, Abigail, Cooper, Mia, Benjamin and Judah.







Below right - This week's K-2 Class, Maroon Award recipient was: Taylah.

Right - This week's Little Bell recipients were: Abigail and Mary.







Right - This week's Maroon Class White Award recipients were:

Taylah, Nate, Xanthie, Cooper, Judah and Mia.

Left - This week's Blue Class White Award recipients were:

Mary, Connor, Clancy, Leilah and Luke.

















PHOTOSHOOT FUNDRAISER - THIS WEEKEND - SUNDAY 23RD OCTOBER

There are ONLY 4x late afternoon spots available!

Contact me, on 0427 851 347 or via Facebook to book and confirm your timeslot by paying your \$20. This is done by direct deposit, or cash given to me BEFORE the day. Anybody can have a timeslot, they do not need to attend the school to have a photoshoot. Please feel free to pass this information onto anyone you may know who could be interested.



CHRISTMAS RAFFLE

If your business or family would like to donate to our Christmas raffle, in the form of goods, money or voucher it would be greatly appreciated and acknowledged throughout newsletters and Facebook pages. These items need to be given to a P&C member, by Wednesday 26th October, so that we can organise the prizes and then have the tickets handed out for sale.

P&C MEETING

Please put in your diary our next P&C meeting will be Week 3, Wednesday 26th October, (time to be confirmed). Zoom and face to face will be available. Please let me know if there is anything you would like on the agenda. It's not too late to join the P&C, you are always welcome to come along. We will also have a few functions coming up, so helpers would be greatly appreciated. Once we have confirmed details, dates and times will be out for people to take timeslots.

Thanks, Jess Hogan P&C Secretary, 0427 851 347

FEED BACK FORM

Please feel free to fill in the form below, rip it off and hand in at the office and I will collect them from there.

This is giving you the opportunity to give any ideas, (such as fundraising) suggestions or questions you may have regarding the P&C, the school, any events or what you would like to see in our P&C newsletters etc. I can then follow them up and hopefully clarify anything if needed, or give us new ideas for our school and P&C.

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Dear Parents and Carers,

Last week at Playgroup we enjoyed the Spring weather outside as we played ball games, enjoyed morning tea and played on the equipment.

It was a great morning catching up with you all after the holidays and seeing how much your little ones have grown.

We have been looking forward to some painting for a while so this week please wear some old clothes and if the weather permits, we will be outside creating some artworks.

Please bring your own morning tea, drink and a hat.

I look forward to seeing you at Playgroup.

Reminder that our free Playgroup is held each Wednesday 9:00am - 10:30am during school terms and is catered for all babies, toddlers and children, up to school age. All mums, dads, grandparents, and carers are welcome to attend.



Attunga Public School, School Chaplain and Playgroup Coordinator.

PS. For those who like to plan ahead...

Next week, 26th October, we have been invited to join in with the Attunga school students for their Book Week Parade so get thinking about what book character you will dress up as!

More info to come.



4 simple steps to a healthy lunchbox

Packing an everyday lunchbox is as easy as:

Step 1: Pack vegetables for Crunch&Sip® (e.g. carrot sticks or cherry tomatoes).

Step 2: Pack fruit and an everyday snack for recess (e.g. popcorn, yoghurt,

rice crackers and cheese).

Step 3: Pack a sandwich, wrap, roll or leftovers (e.g. pasta, rice or roast vegetables) for lunch.

Step 4: Finish with water as the perfect thirst quencher.











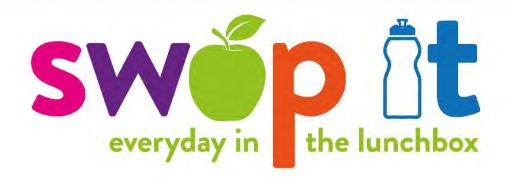












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For easy ideas on healthy lunchboxes visit

www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/packing-an-everyday-lunchbox/





















Attunga Public School

Attunga Public School is offering a quality transition program for children to develop their skills in readiness for school in 2023.

Who: For children who will be 5 years or

older by the 31st of July, 2023.

When:

Thursdays

Week 3, 27th October 9:00am to 12:00pm

Week 4, 3rd November 9:00am to 12:00pm

Week 5, 10th November 9:00am to 2:00pm

Week 6, 17th November 9:00am to 2:00pm



Where: Attunga Public School.



Contact Us: phone 67695554 or email: attunga-p.school@det.nsw.edu.au



Book Fair in Library Week 3

The Book Fair is set up and ready for students to browse and write their 'Wishlists' on Wednesday. The Book Fair will be open for purchases on Wednesday 26th and Thursday 27th October. Mrs Stacey









Tamworth Regional Library Visit













Kitchen Garden 3-6

Garden photos by photographer Clancy Bates



Carrot, Zucchini and Bacon Slice

Ingredients

- 1 Rasher Bacon, chopped
- 1 tblsp Vegetable Oil
- 1 Small Capsicum, finely chopped
- 1/2 Cup Zucchini, grated
- 1 Small Carrot, grated
- 1 branch Parsley, chopped finely
- 1/2 Cup Grated Cheese

Salt/pepper

- 1/2 Cup SR Flour (Gluten Free)
- 2 Eggs
- 1/4 Cup Milk or Dairy Free Substitute

Method

- 1. Preheat the oven to 180 Degrees Celsius. Spray a square baking pan with spray and cook and line with baking paper.
- 2. Heat frying pan to medium heat (7), pour in Vegetable oil. Add Bacon and capsicum and cook until soft. Cool.
- 3. In a medium bowl whisk the eggs and milk.
- 4. In large bowl combine the bacon mixture, zucchini, carrot, salt/pepper, parsley, cheese and flour in a bowl. Make a well in the centre and add the egg, milk mix. Stir until only just combined.
- 5. Pour into prepared pan, level the surface.
- 6. Bake for 30 minutes or until golden brown. Stand in dish for 5 minutes.
- 7. Tip onto chopping board and slice into required number of pieces (check with teacher).

Creamy Cauliflower and Potato Soup

Ingredients:

1 tablespoon Olive Oil

100g Bacon, finely chopped

2 Garlic cloves, finely minced

1 Leek, halved, washed, thinly sliced

1 and 1/2 Cups Cauliflower, trimmed, cut into small florets

300g Potatoes, peeled, diced

3 cups Chicken Stock Liquid

1/4 cup Coconut Cream

Salt and pepper

Method:

- 1. Wash, peel and prepare vegetables and bacon.
- 2. Heat 2 teaspoons of oil in a large saucepan over medium-high heat 6.
- Add the bacon .
- 4. Cook and stir with the wooden spoon for 3 minutes or until crisp
- 5. Remove the bacon onto the plate lined with paper towel.
- 6. Tip in the remaining oil, garlic and leek into the saucepan.
- 7. Cook, stirring often, over medium heat 5 for 5 minutes.
- 8. Add the cauliflower, potato and chicken stock to the saucepan.
- 9. Cover the saucepan partially with the lid on halfway.
- 10. Increase the heat to medium-high 6 and bring to the boil.
- 11. Reduce the heat to low and simmer.
- 12. Stir occasionally, for 20 minutes or the vegetables are tender.
- 13. Add half of the bacon.
- 14. Blend soup with the stick blender (teacher will help) until smooth.
- 15. Return to saucepan over low heat.
- 16. Stir in coconut cream and a pinch of salt and pepper.
- 17. Ladle the soup into 3 bowls.
- 18. Sprinkle with the remaining bacon.
- 19. Serve.



Term 4 Week 1 Thursday 20th October -Orders must be in by Wednesday

Option 1	Hot Dog		\$4.00
(Includes a Hota	og, sauce and option	nal grated cheese)	
	omato Sauce BBQ Sauce Mustard rated Cheese		
Option 2. Bologna	ise Pasta ——	——— TU CUI	
	Pasta and option	nal cheese)	
Tick box for choice Grated Ch	eese		
Drinks \$2.50 - Juice: apple \$2.50 - Flavoured milk			
Student Name :		Meal	\$
Class:	ATTUNGA	Drink	\$
	APS OUR RESTUMANS	Total Amount in Envelope	\$